

Getting Started with Your Essential Worker Health Plan



New to EWHT or adding family members? Here's what happens after you enroll.



When Does Coverage Start

Open Enrollment in November

Coverage begins January 1

Enroll at another time

Most coverage begins the first day of the following month.

Births and adoptions begin on the event date.



Before Your Member ID Card Arrives

Your welcome packet and ID card may take up to 2 weeks to arrive.

Need care sooner?

Contact your health plan for help* accessing care and your digital ID card.

Kaiser members: If coverage has started, you can receive care and fill prescriptions before you appear in Kaiser's system. When scheduling, ask about the '**Believe Me**' policy.

** Always confirm your provider is in-network.*



Getting Your Prescriptions

Kaiser Permanente
Use Kaiser pharmacies.

Regence
Use Optum Rx to find pharmacies, check covered medications, and manage your prescriptions.



Manage Your Care

Create an online health plan account to view benefits and claims, find providers, and access plan information.



If You Enroll Family Members

- You'll receive a letter with dependent verification instructions.
- Documents are due within 90 days of the date your employer reports the enrollment to EWHT.
- Dependents not verified by the deadline will be removed from coverage.

View requirements: EssentialWorkerHealth.org/dependents

Need Help?



1-(833)-389-0027

EssentialWorker@RISEpartnership.com

Enrollment, dependent verification, and EWHT benefits



1-(800)-813-2000
kp.org

Providers, appointments, prescriptions, ID cards



1-(866)-240-9580
regence.com

Providers, ID cards, plan questions



1-(844)-368-0083
welcome.optumrx.com/orew

Regence prescriptions