



Dear essential worker,

SEIU 503 and responsible long-term care employers are working together to provide you and your family excellent health insurance at a low cost to you through the Essential Worker Healthcare Trust.

Your new medical plan has been designed with the help of long-term care workers, for long-term care workers. The goal is to provide the care you and your family need with:

- Free preventive care
- Free generic drugs
- Lower deductible and out-of-pocket maximum than current employer options.

## Important information about your healthcare plan

Depending on where you live, you may have a choice of two programs: an HMO program with Kaiser Permanente, or traditional coverage with Regence PPO and OptumRx networks.

- If you choose Kaiser, you must use Kaiser healthcare providers for your services to be covered. There are Kaiser facilities in or near the following counties: Clackamas, Columbia, Lane, Linn, Marion, Multnomah, Polk, Washington, and Yamhill.
- If you live outside of the Kaiser service area or choose not to enroll in Kaiser, you can enroll in coverage through the Regence PPO and OptumRx. For your services to be covered at the highest benefit level, you must use providers in the Regence and OptumRx networks.

Getting coverage is very affordable. You can review details about the available plans in the enclosed *Health Insurance Benefit Guide* and other materials. Please see your employer for information about monthly premiums. You can learn more about how your plan works at [EssentialWorkerHealth.org](https://EssentialWorkerHealth.org).

We're so excited to offer this new plan to you. If you have questions, please email us at [EssentialWorker@RISEpartnership.com](mailto:EssentialWorker@RISEpartnership.com).

525 NE Oregon Street, Portland, OR 97232 | Phone (833) 389-0027 | [EssentialWorker@RISEpartnership.com](mailto:EssentialWorker@RISEpartnership.com) | [EssentialWorkerHealth.org](https://EssentialWorkerHealth.org)



Person-centered healthcare coverage for long-term care workers, by long-term care workers.